**Ketamine Awareness Quiz for Key Stage 3 Pupils**

**Questions:**

1. **What is ketamine primarily used for in medical settings?**
	* a) Pain relief and sedation
	* b) Weight loss
	* c) Treating infections
	* d) Enhancing athletic performance
2. **Which of the following is a short-term effect of ketamine use?**
	* a) Improved memory
	* b) Hallucinations
	* c) Increased appetite
	* d) Enhanced coordination
3. **What is ketamine bladder syndrome?**
	* a) A condition where the bladder becomes overactive
	* b) A condition caused by chronic ketamine use leading to severe bladder pain and frequent urination
	* c) A type of bladder infection
	* d) A temporary side effect of ketamine use
4. **What are some potential long-term effects of ketamine misuse?** (Select all that apply)
	* a) Cognitive impairment
	* b) Improved cardiovascular health
	* c) Bladder and kidney damage
	* d) Enhanced immune system
5. **Is it legal to possess ketamine without a prescription in the UK?**
	* a) Yes, it is completely legal
	* b) No, it is illegal and can result in imprisonment and fines
	* c) Only if you are over 18
	* d) Only if you use it for recreational purposes
6. **What should you do if you or someone you know is struggling with ketamine misuse?**
	* a) Ignore the problem and hope it goes away
	* b) Seek help from a trusted adult or healthcare professional
	* c) Continue using ketamine to avoid withdrawal symptoms
	* d) Try to manage it on your own without any support
7. **Which of the following is a reason why people might misuse ketamine?**
	* a) To improve their academic performance
	* b) To experience its dissociative and hallucinogenic effects
	* c) To enhance their physical strength
	* d) To treat common colds
8. **What is the legal classification of ketamine in the UK?**
	* a) Class A drug
	* b) Class B drug
	* c) Class C drug
	* d) Over-the-counter medication

**Answers:**

1. **What is ketamine primarily used for in medical settings?**
	* **a) Pain relief and sedation**: Ketamine is primarily used as an anaesthetic in medical settings. It is effective for pain relief and sedation during surgeries and other medical procedures
2. **Which of the following is a short-term effect of ketamine use?**
	* **b) Hallucinations**: One of the short-term effects of ketamine use is hallucinations. Users may experience altered perceptions of reality, including visual and auditory hallucinations
3. **What is ketamine bladder syndrome?**
	* **b) A condition caused by chronic ketamine use leading to severe bladder pain and frequent urination**: Ketamine bladder syndrome, also known as ketamine cystitis, is a condition resulting from chronic ketamine use. It causes severe bladder pain, frequent urination, and can lead to significant urinary tract damage
4. **What are some potential long-term effects of ketamine misuse? (Select all that apply)**
	* **a) Cognitive impairment**: Long-term misuse of ketamine can lead to cognitive impairments, affecting memory and other mental functions
	* **c) Bladder and kidney damage**: Chronic use of ketamine can cause severe damage to the bladder and kidneys, leading to conditions like ketamine bladder syndrome
5. **Is it legal to possess ketamine without a prescription in the UK?**
	* **b) No, it is illegal and can result in imprisonment and fines**: In the UK, ketamine is classified as a Class B drug. Possession without a prescription is illegal and can lead to severe legal consequences, including imprisonment and fines
6. **What should you do if you or someone you know is struggling with ketamine misuse?**
	* **b) Seek help from a trusted adult or healthcare professional**: If you or someone you know is struggling with ketamine misuse, it is crucial to seek help from a trusted adult or healthcare professional. Professional support can provide the necessary treatment and guidance for recovery
7. **Which of the following is a reason why people might misuse ketamine?**
	* **b) To experience its dissociative and hallucinogenic effects**: People might misuse ketamine to experience its dissociative and hallucinogenic effects, which can include feelings of detachment from reality and intense hallucinations
8. **What is the legal classification of ketamine in the UK?**
	* **b) Class B drug**: Ketamine is classified as a Class B drug in the UK. This classification means it is illegal to possess, supply, or produce ketamine without proper authorisation