## Supporting you and your carers

## Dementia Lounge

**Join us** for refreshments & support, share your thoughts and put your questions to our friendly professional advisors in a relaxed environment

Join us
in the Living
Well Centre,
Trinity Hospice
Bispham.

on the second Tuesday of every month

10.30am - 12.30pm



**Booking NOT necessary, just pop in.**For any further info call 01253 358881