# **Drug, Alcohol & Tobacco Education**

**Lesson Plan**

| **Year Group: Year 6** | **Lesson Number: 2****Lesson Heading: Influences on Behaviour and Stereotyping**  |
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| **Learning Outcomes:**Children:* Identify some of the stereotypes around gender, age, ethnicity and culture.
* Recognise influences on making choices about smoking, alcohol, drugs and solvents, both positive and negative.
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| **Links:**This lesson contributes towards: |
| **Resources Required for Lesson:*** Pupil’s previously completed “In a Class of It’s Own” worksheets.
* Photographs of people – a range of ages, genders and ethnicity, include some professionals and sports related photos Drug Name cards (in pack).
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| **Beginning:**□ Refer to class rules, rewards and sanctions |
| **Introduction:**Recap on previous lesson, reminding children that a drug is a substance that changes the way that a person thinks, feels and behaves.**Main Activities:****Activity 1:**Children to work in 5 groups.Give each group a selection of people photos. Explain that we do not know these people so we will be making assumptions about them but we can’t ask them if they are true or not.Handout cards with drug names on, one drug per group:* Alcohol
* Tobacco
* Solvents
* Cannabis
* Ecstasy
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| Ask each group to choose a photograph that they think looks like someone who would use this drug, and one of a person that they definitely thought wouldn’t use this drug.Explore any stereotyping based on age, gender, ethnicity or other visual clues such as clothing, appearance etc. Re-enforce that not all adults drink alcohol, some will choose not to drink for health reasons, religious beliefs or because they don’t like the taste. Explore positive reasons for not using drugs, such as involvement in sports, health, work, being a parent etc.**Activity 2:**Ask the children to use worksheet 6.4 to explore reasons that people may or may not use drugs.Each group to present to whole class.**Extension Activity**Either collect empty packets of cigarettes or cut out pictures from advertisements. Ask the children to try and find out how much it costs to buy 10 or 20 cigarettes. Have a class discussion about how many packets of cigarettes some people might smoke in a day, a week, a month. Write these on the board and multiply them by the cost per packet. Discuss how much they might spend and think about what else they could buy if they didn’t smoke. Create a large class collage with the equations of daily, weekly, monthly, six monthly, yearly, five yearly and ten yearly use and ask the children to cut out pictures from catalogues or holiday magazines and paste them on the collage to show what could be bought over each period if a person stopped smoking. |