# **Drug, Alcohol & Tobacco Education**

**Lesson Plan**

| **Year Group: Year 6** | **Lesson Number: 1**  **Lesson Heading: Facts About Illegal Drugs** |
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| **Learning Outcomes:**  Children:   * Understand which drugs are illegal. * Know that illegal drugs have many different names/slang names. * Learn some of the effects of illegal drugs on the body, in particular cannabis. | |
| **Links:**  This lesson contributes towards: | |
| **Resources Required for Lesson:**   * In A Class of It’s Own – Worksheet 6.1 * Copies of Quiz Worksheet – 6.2 * Answer Sheet for Quiz – Worksheet 6.3 | |
| **Beginning:**  □ Refer to class rules and rewards | |
| **Assessment:**  Prior to planning for these lessons, use the following: “In a Class of It’s Own” Draw Write activity. The pupils’ responses will give an opportunity to assess their current knowledge and understanding, while forming the basis of discussions within this lesson.   * Do not mention the word “drugs” prior to giving out the worksheet.   **Give each pupil a copy of “In a Class of It’s Own” worksheet:**   * Do not discuss the meaning or give any explanation of the word drugs at this stage. * Tell the children there is no right or wrong answer and that all their ideas are right. * Children can draw, describe or write some of their ideas. * Ask the children to work in silence. * Do not let the children share their ideas with other pupils at this stage.   **Collect all worksheets for future lesson planning and use in future lessons.** | |
| **Main Activities:**  **Activity 1:**   * What does the word “drugs” mean? * Brainstorm with children all the different things they thought of when they first saw the word “drugs” on the worksheet.   Work towards forming a definition of the word. The United Nations defines “drugs” as:   * A substance a person takes to change the way that they feel, think or behave.   This includes medicines, both over the counter or prescribed, legal or illegal substances and volatile substances (solvents).  **Activity 2:**  Make a group list of all the drug names the children gave in the “in a class of it’s own” activity on the whiteboard.  In groups at first, then whole class, ask children to list all other drug names they know, in a 3 minute period. These could be colour-coded to show which they think are legal, illegal, medicines or volatile substances. Alternatively, ask them to name 10 drugs in 2 minutes. Remind pupils that some drugs have many different names, including slang terms and street names, and these can be included.  Add any extra names that you think would be appropriate; the list should include:   * Cannabis * Magic Mushrooms * Poppers * Speed (Amphetamines) * Ecstasy * Cocaine * Alcohol * Tobacco * Caffeine   Clarify which drugs are illegal, legal, etc. Highlight any drugs where there have been several names given e.g. Cannabis names may include:   * Weed * Pot * Grass * Hash * Green * Ganga * Marijuana * Resin * Blow * Skunk   There are over 100 street names for cannabis in the UK! | |
| **Activity 3:**  Ask the children to complete the drug quiz Handout 6.1, first individually and then to discuss their answers in groups. Feedback and then discuss the answers in more detail including the school rules about the substances covered. | |