# **Drug, Alcohol & Tobacco Education**

**Lesson Plan**

| **Year Group: Year 5** | **Lesson Number: 3**  **Lesson Heading: What To Do In An Emergency?** |
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| **Learning Outcomes:**  Children:   * Know school rules about health and safety. * Know basic emergency aid – the recovery position and how to contact emergency services. * Know where to go for help within school, family and local community. | |
| **Links:**  This lesson contributes towards: | |
| **Resources Required for Lesson:** | |
| **Beginning:**  Refer to class golden rules and rewards | |
| **Main Activities:**  **Role Play**  **Scenario Discussion**  Role play with some of the children using telephones to dial 999 and others acting as the emergency services, asking questions. Stress the importance of giving the correct information and keeping calm. Discuss use of mobile phones to contact emergency services from outside of home.  **Scenarios to Role-Play:**   * A friend has fainted. * Someone has fallen off a swing in the park. * Someone you live with has diabetes and they are feeling unwell. * Someone you know has drunk a lot of alcohol and has passed out. * Someone you know is having problems breathing and pains in their chest.   **Extension Activity:**  Invite the St John’s Ambulance or the local ambulance service into school to talk to the children about first aid and show them the recovery position. Alternatively, see first aid information sheet in this pack for diagram of recovery position. | |