

My name is:.....

Use the space below to draw a picture of your favourite person

Why is this person your favourite person?

My Key Worker is:

My routine

How do you get up for school in the morning?



What time are you up for school in the morning?

Which of these do you do before going to school?



Play in the garden

Brush teeth

Go to the shop

Brush hair



Eat breakfast

Help brother(s) and sister(s) get ready for school

Do your homework

Go for a run

Wash face

Have bath/shower



Anything else?.....



How do you get to school?.....

What do you like about school?.....

What do you not like about school?



Who are your friends at school?.....

When do you do your homework and reading?.....

My House

Best place

New

Warm

Messy

Cosy

Smelly

Dangerous

Noisy

Quiet

Safe

Lonely

How I
like it

Cold

Clean Friendly

Toys to
play with

Lots of food

Colourful

Enough beds for everyone

Big enough

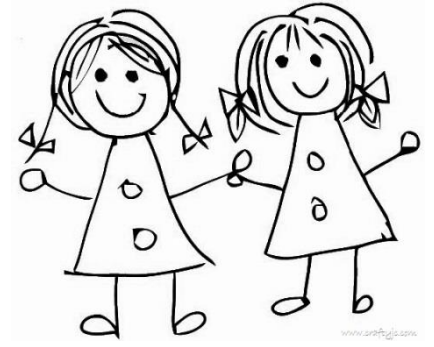
Things we could change at home:

.....

.....



Who lives in your house?



Who comes to visit your house?



What makes you happy at home?



What makes you sad at home?



What makes you worried or angry?



Who do you speak to if you need help or you are upset?

My Family

My Mum



What is your favourite thing to do with Mum.....

.....

I like it when mum

.....

I wish mum would

.....

Mum is good at

.....

My Dad



What is your favourite thing to do with Dad.....

.....

I like it when dad

.....

I wish dad would

.....

Dad is good at

.....

My Family tree

Use the tree below to create your family tree, draw/write about members of your family, tell me a bit about them and the time you spend with them. Tell me more..... (Brothers/sisters, Step-family, Auntie's/Uncles, Grandparents).



My after school routine:

What do you do when you get home from school?

Tidy bedroom

take uniform off

Homework

eat tea

have a bath/shower

Play out with friends

watch TV

fight with brother(s) and sister(s)



Anything else?

What is your favourite dinner?



Where do you eat dinner: with

What time.....

Who makes your dinner.....



Bed time routine:

When do you Bath – shower.....



Where do you sleep..... with who.....

What time do you go to bed.....

Who puts you to bed.....

House rules:

-
-
-



What happens if you misbehave?



What happens if you are well behaved?

My world would be better if:



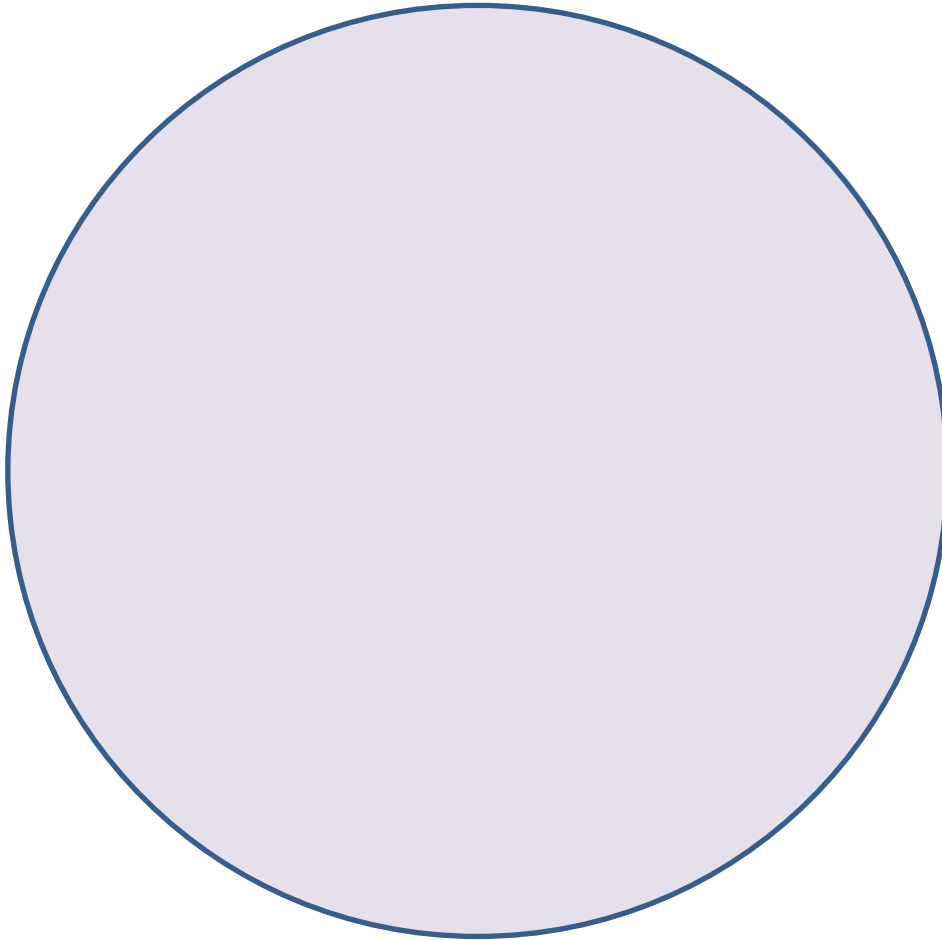
My Life Story

Use the timeline and boxes below to write about events that have been important in your life. Think about things that have happened in your life these can be good things and not so good things.

The diagram features a central vertical black line representing a timeline. Six empty rectangular boxes are arranged in two columns of three, flanking the central line. Each box is connected to the central line by a horizontal arrow pointing towards it. The boxes are colored as follows from top to bottom: orange, purple, green, blue, yellow, and red.

Circle of Trust

Write inside the circle below people in your life who are safe and you trust, write outside of the circle people in your life who aren't safe or you don't trust – explore why.



Can you show me on the safe-scale how safe you feel at home?



Is there anything that would make you feel safer at home?