Multi-Agency Early Help Training Offer

Early Help Assessment and Analysis Training

This is a two-day course, delivered as 2 separate days that are booked as individual sessions to allow for flexibility in attendance as we know that for many practitioners it can be a challenge to be away from regular duties for two consecutive days together. Please ensure that you book onto a 'day 1' session and a 'day 2' session when booking your place.

Over the 2 days practitioners will be supported:

- To explain the importance of strength-based practice, be able to recognise and build on protective factors when analysing support needs and addressing risk
- To know what constitutes a good quality assessment and plan
- To access resources and tools that capture the voice of the child/family and know where and how to reflect this within the assessment process.
- To develop an awareness and confidence in applying:
 - Trauma Informed Approaches
 - The Cycle of Change
 - Motivational language
- With practical support in completing an Early Help Assessment

<u>Day 1</u> - To see the list of available dates for Day 1 of the programme and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6972

<u>Day 2</u> – To see the list of available dates for Day 2 of the programme and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6973

Remember to book both sessions when booking your place

Relationship Toolkit - Reducing Parental Conflict

This is a one-day programme that will support practitioners to:

- To understand parental conflict and what the research says about its impact family functioning and outcomes for both adults and children.
- To recognise that there is a difference between domestic abuse and parental conflict.
- To feel more confident about couple relationship quality enquiry in everyday practice
- To become familiar with the with Amity Relationship Solutions toolkit and its contents
- To understand the variety of tools, pre and post programme assessment and how to use them within the context of parental conflict support

• To confidently assess, plan, implement and review parental conflict support with couples and/or individuals

To see the list of available dates and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=5952

<u>Transforming Lancashire's Children's Services: Thresholds & Strength Based Approaches to Practice</u>

This is a one-day course that will support practitioners to:

- Understand the rationale for transforming Children's Services in Lancashire and where change is happening
- Demonstrate familiarity with Lancashire's threshold document 'Working Well with Children and Families', and the updated Continuum of Need.
- Describe how thresholds are applied in practice and what factors may influence decision making

To see the list of available dates and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6501

Bitesize Workshops

The Voice of the Child

This 3-hour workshop is aimed at any professional providing early help support to children and families. It will support practitioners to build their confidence and skills to capture the child's voice and lived experience. The aims of the workshop include:

- The importance of capturing the voice of the child
- Using resources and skills to understand a child's thoughts and feelings
- How to evidence the voice of the child in an Early Help Assessment

To see the list of available dates and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6989

Securing Consent and Engagement with Families

This 3-hour workshop is aimed at any professional providing early help support to children and families. It will support practitioners to build their confidence around securing consent and maintaining engagement. The aims of the workshop include:

- Increasing understanding and the importance of gaining consent
- Approaches to gaining consent and maintaining throughout the support
- Approaches for establishing rapport and building a trusting relationship
- Using communication skills to sustain relationships
- Understanding barriers to engagement and how to manage these

To see the list of available dates and to book a place, click this link: https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?eid=6990